## 11.2.1 Pre-defined template for the Experiental Training Session

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|  | **Name** | **Owner/Programmer / Provider** | **Public / private provider?** | **Cost** | **Platform (link)** | **Target Group (e.g. “Children”, “Elderly”, “Women”, “Dealing with Pain”, “Mental Problems”, “certain diseases”)** | **Description** |
| 1 | Student Health App | Trinity College Cambridge | Private | Free | https://apps.apple.com/de/app/student-health-app/id934979379 | Students of Trinity College Cambridge / Great Britain | The Student Health App offers plain-talking reassurance, info and advice on over 125 topics relevant to students in areas such as...  > first aid & emergencies  > common ailments  > mental health problems  > physical (body) symptoms  > love and sex  > healthy living  > travel health  > alcohol & drugs  > long-term health problems  > staying safe at university  > accessing health services…  and more. |
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