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MIG-HEALTH APPS

Mobile Health Apps for Migrants

https://apps4health.eu/

Module 2 - Experiential Training session (2.2)
How to search and select Health Apps







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Experiential Training Session: Content

- 1. What are you interested in?
- 2. Search for and select apps
- 3. Write down what you have found



How to search and select Health Apps



Objectives

- ✓ Use the criteria learned to search and select apps.
- ✓ Understand why it is necessary to make informed decisions when choosing health apps.
- ✓ Understand how to detect the criteria they have learned in their own research







How to search and select Health Apps – Experiential Training



Competences

- ✓ Provide the skills to search and select health apps in their own field of interest.
- ✓ Improve their ability to make informed app selection decisions and be able to explain why they have made a choice.

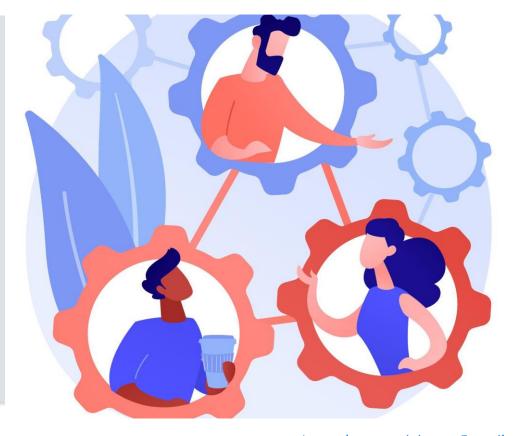


Image by vectorjuice on Freepik



1. What are you interested in?

Activity – Formulate your interest

- Think about what health apps would be helpful for you.
- Write down what you are interested in what areas of health apps and what do you want to find for example.





2. Search for and select apps?

Activity – Searching and Selecting

- Search for apps in the area you are interested your own.
- Use the criteria learned to find and select trustworthy apps.
- Select at least one health app in your area of interest based on the criteria.





3. Write down what you have found

Activity – Why this app?

- Write down briefly why you chose this app.
- Which criteria that you learned in the lesso to your decision?
- Are there any aspects of the app that are n good?







MIG-HEALTH APPS

Mobile Health Apps for Migrants

Congratulations!
You have completed the experiential training session of this module!



