



My Quit Coach



Description

This application is provided by Truth Initiative, an American non-profit organisation that tackles smoking. It offers progress monitoring, personalised advice and a community forum.

Platform / OS

Android, iOS



<https://apps.apple.com/us/app/myquit/id1116910737>

https://play.google.com/store/apps/details?id=de.nichtraucherin30tagen.android&hl=en_US

Target Group

App Type

Health Apps for Substances Use

Keywords

Smoking

Supported Languages

- English

Country

- Worldwide

Type of Subscription

- Free

This project has been funded with support from the European Commission. This publication (communication) reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Co-funded by
the European Union

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